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Pulse Oximetry Measures a Lower Heart Rate at Birth Compared with Electrocardiography.

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OBJECTIVE: To examine the effect of time after birth on heart rate (HR) measured by pulse oximetry (PO) (HRPO) and electrocardiography (ECG) (HRECG).

STUDY DESIGN: HRECG and HRPO (collected at maximum sensitivity) were assessed in 53 term and preterm infants at birth. ECG electrodes and a PO sensor were attached as soon as possible and HRECG and HRPO were compared every 30 seconds from 1-10 minutes after birth. Data were compared using a Wilcoxon signed-rank test. Clinical relevance (eg, HR <100 beats per minute [bpm] was tested using a McNemar test).

RESULTS: Seven hundred fifty-five data pairs were analyzed. Median (IQR) gestational age was 37 (31-39) weeks. Mean (SD) starting time of PO and ECG data collection was 99 (33) vs 82 (26) seconds after birth ($P = .001$). In the first 2 minutes after birth, HRPO was significantly lower compared with HRECG (94 (67-144) vs 150 (91-153) bpm at 60 seconds ($P < .05$), 81 (60-109) vs 148 (83-170) bpm at 90 seconds ($P < .001$) and 83 (67-145) vs 158 (119-176) at 120 seconds ($P < .001$). A HR <100 bpm was more frequently observed with a PO than ECG in the first 2 minutes (64% vs 27% at 60 seconds ($P = .05$), 56% vs 26% at 90 seconds ($P < .05$) and 53% vs 21% at 120 seconds ($P < .05$). HR by ECG was verified by ultrasound for outflow from a subset of infants.

CONCLUSIONS: In infants at birth, HRPO is significantly lower compared with ECG with clinically important differences in the first minutes.